

Supplementary Table 1. Demographic and clinical characteristics of 10,595 subjects aged 30 years or older

Variable	Value
Male sex	4,574 (43.2)
Age, yr	54.1 ± 14.5
BMI, kg/m ²	23.9 ± 3.3
Systolic BP, mm Hg	119.2 ± 17.1
Diastolic BP, mm Hg	75.0 ± 10.6
FPG, mg/dL	101.2 ± 23.4
HbA1c, %	5.9 ± 0.8
TC, mg/dL	190.3 ± 35.4
HDL-C, mg/dL	50.6 ± 11.9
Triglyceride, mg/dL	141.0 ± 109.5
LDL-C, mg/dL	115.8 ± 34.3

Values are presented as number (%) or mean ± standard deviation.

BMI, body mass index; BP, blood pressure; FPG, fasting plasma glucose; HbA1c, glycosylated hemoglobin; TC, total cholesterol; HDL-C, high density lipoprotein cholesterol; LDL-C, low density lipoprotein cholesterol.