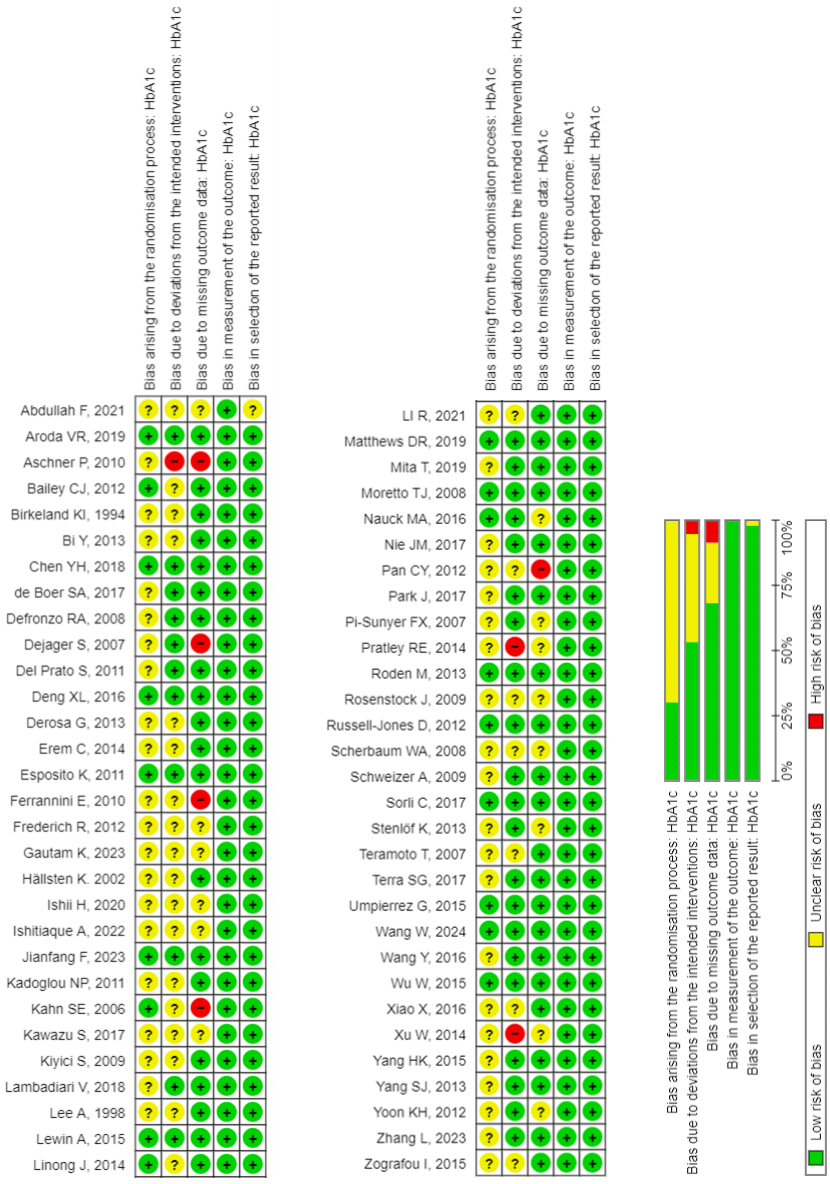

Supplementary Fig. 1. Risk of bias assessment of all studies using the Cochrane risk of bias 2.0 for outcome of glycosylated hemoglobin (HbA1c) after 6 months.