

**Supplementary Table 3.** Risk of diabetes mellitus development according to the presence or absence of general and abdominal obesity

	General obesity <sup>a</sup>	Abdominal obesity <sup>b</sup>	40-year-old group		66-year-old group	
			HR	95% CI	HR	95% CI
Total	No	No	1.000		1.000	
		Yes	2.175	2.064–2.291	1.549	1.514–1.584
	Yes	No	2.624	2.574–2.675	1.445	1.421–1.470
		Yes	4.935	4.851–5.021	2.089	2.062–2.117
Men	No	No	1.000		1.000	
		Yes	1.869	1.754–1.992	1.571	1.521–1.624
	Yes	No	2.142	2.095–2.191	1.407	1.372–1.442
		Yes	3.871	3.794–3.950	1.963	1.926–2.001
Women	No	No	1.000		1.000	
		Yes	2.641	2.414–2.890	1.540	1.492–1.590
	Yes	No	3.626	3.502–3.755	1.489	1.454–1.524
		Yes	7.807	7.573–8.048	2.205	2.165–2.245

HR, hazard ratio; CI, confidence interval.

<sup>a</sup>General obesity: body mass index  $\geq 25$  kg/m<sup>2</sup>, <sup>b</sup>Abdominal obesity: waist circumference  $\geq 90$  cm for men and  $\geq 85$  cm for women.