



Maintaining normal	89,581	87,542	48,760	16,197	600
Becoming obese	9,865	9,587	5,245	1,609	47
Becoming normal	8,285	8,109	4,699	1,691	84
Maintaining obese	37,602	36,623	20,330	6,743	274

**Supplementary Fig. 1.** A Kaplan-Meier plot for incident type 2 diabetes mellitus relative to a change in obesity status before and after 50 years of age.