

**Supplementary Table 1.** Estimated prevalence of prediabetes among adult KNHANES participants, 2020

Variable	Number	Percentage ± SE	Estimated population
<b>Age group, yr</b>			
≥ 19			
FPG or HbA1c <sup>a</sup>	5,612	39.3±0.8	16,972,083
FPG	5,612	23.8±0.7	10,274,941
≥ 30			
FPG or HbA1c <sup>a</sup>	4,848	44.0±0.8	15,830,174
FPG	4,848	26.9±0.8	9,649,967
≥ 65			
FPG or HbA1c <sup>a</sup>	1,545	50.0±1.4	4,061,794
FPG	1,545	27.8±1.2	2,260,424
19–29 <sup>a</sup>	764	16.6±1.9	1,141,909
30–39 <sup>a</sup>	734	30.8±1.7	2,205,454
40–49 <sup>a</sup>	936	40.9±1.8	3,373,835
50–59 <sup>a</sup>	1,025	49.0±1.9	4,206,554
60–69 <sup>a</sup>	1,068	51.6±1.9	3,341,213
≥ 70 <sup>a</sup>	1,085	49.4±1.7	2,703,119
<b>Sex<sup>a</sup></b>			
<b>Men</b>			
Age ≥ 19 yr	2,516	42.3±1.2	9,067,468
Age ≥ 30 yr	2,135	46.9±1.3	8,283,115
Age ≥ 65 yr	671	51.0±2.4	1,795,252
<b>Women</b>			
Age ≥ 19 yr	3,096	36.3±1.0	7,903,652
Age ≥ 30 yr	2,713	41.2±1.0	7,536,794
Age ≥ 65 yr	874	49.1±1.7	2,259,879

KNHANES, Korea National Health and Nutrition Examination Survey; SE, standard error; FPG, fasting plasma glucose; HbA1c, glycosylated hemoglobin.

<sup>a</sup>Prediabetes was defined by FPG or HbA1c criteria.