

Supplementary Table 1. Definition of microvascular outcomes and their frequency of assessment

Outcome category	Outcome	Definition	Assessment frequency
Neuropathy	1	New score of >2.0 on the Michigan Neuropathy Screening Instrument (MNSI)	Annually
	2	New loss of vibratory sensation (tested using 128 Hz tuning fork)	Annually
	3	New loss of ankle jerk during Jendrassik maneuver	Annually
	4	New loss of light touch (as measured by 10 gm force monofilament test)	Annually
Nephropathy	1	Development of macro-albuminuria (urinary albumin creatinine ratio ≥ 300 mg/g)	Every 4 months
	2	Doubling of baseline serum creatinine or more than 20 mL/min/1.73 m ² decrease in estimated glomerular filtration rate	Annually
	3	Renal failure OR end stage renal disease (dialysis) OR serum creatinine >3.3 mg/dL in absence of an acute reversible cause	Every 4 months
Retinopathy	1	Retinal photocoagulation or vitrectomy to treat retinopathy	Annually
	2	Eye surgery for cataract extraction	Annually
	3	Three-line change in visual acuity (as measured using Log MAR visual acuity chart)	Biannually
	4	Severe vision loss (as measured by Snellen fraction <20/200)	Biannually