



Supplementary Fig. 3. Proportion of obesity in young adults aged 20 to 40 years with diabetes in the Korea National Health and Nutrition Examination Survey 2005 to 2016–2018. Body mass index was classified according to Korean Society for the Study of Obesity [5] as underweight (<18.5 kg/m²), normal-weight (18.5–22.9 kg/m²), pre-obese (23.0–24.9 kg/m²), obese class I (25.0–29.9 kg/m²), obese class II (30.0–34.9 kg/m²), and obese class III (≥35.0 kg/m²).