

**Supplementary Table 2.** Changes in nutritional status from the pre-SD to SD era

	Pre-SD era	SD era	<i>P</i> value
MNA score	21.0±2.0	21.8±2.1	<0.001
Malnutrition (<15)	4 (1.6)	2 (0.8)	0.500
Risk of malnutrition (15–21.5)	135 (54.9)	88 (35.8)	<0.001
No malnutrition (≥22)	95 (38.6)	144 (58.5)	<0.001

Values are presented as mean ± standard deviation or number (%).  
SD, social distancing; MNA, Mini Nutritional Assessment.