

Supplementary Table 3. Types of insulin administered in period 1

	No. (%)
Intermediate acting BD	208 (85.2)
Mixed insulin BD	169 (69.3)
Intermediate acting BD+Short acting OD	39 (16.0)
Intermediate acting OD	28 (11.5)
Mixed insulin OD	9 (3.7)
Mixed insulin OD+Short/Rapid acting OD/BD	11 (4.5)
Intermediate acting OD+Short/Rapid acting OD/BD	8 (3.3)
Long acting OD	8 (3.3)
Long acting OD	4 (1.6)
Long acting OD+Short/Rapid acting OD/BD ^a	4 (1.6)
Total	244 (100.0)

BD, twice daily; OD, once daily.

^aUnscheduled correctional dose.