

**Supplementary Table 3.** Logistic regression analysis of risk factors associated with metabolic syndrome between patients with childhood-onset and adult-onset type 1 diabetes mellitus

Variable	OR	95% CI	P value
Childhood-onset patients ( <i>n</i> =132)			
Female sex	5.83	1.59–21.39	0.008
BMI, kg/m <sup>2</sup>	1.31	1.08–1.59	0.007
Received nutrition therapy education	0.30	0.10–0.86	0.025
Adult-onset patients ( <i>n</i> =437)			
Female sex	2.52	1.35–4.68	0.004
BMI, kg/m <sup>2</sup>	1.21	1.08–1.35	0.001
Received nutrition therapy education	0.51	0.28–0.94	0.032

OR, odds ratio; CI, confidence interval; BMI, body mass index.