Supplementary Table 1. Demographic and socioeconomic characteristics of patients with childhood-onset and adult-onset T1DM

Parameter	All[a] ($n=569$)	Childhood onset ($n=132$)	Adult onset ($n=437$)	P value
Female sex	315 (55.4)	81 (61.4)	234 (53.5)	0.113
Age at enrollment, yr	34.8±12.4	23.8±5.6	38.1±12.0	<0.001
Diabetes duration, yr	5.9 (3.1–10.3)	9.3 (5.8–13.7)	5.1 (2.6–8.5)	<0.001
Age at diagnosis, yr	25.6 (18.3–33.8)	13.9 (11.6–16.1)	29.1 (23.5–36.5)	<0.001
Family history of diabetes	149 (26.5)	35 (26.7)	114 (26.4)	0.940
Family history of T1DM	25 (4.4)	2 (1.5)	23 (5.3)	0.064
Education level: less than university	177 (31.4)	46 (35.4)	131 (30.3)	0.269
Having insurance	490 (86.1)	112 (84.8)	379 (86.7)	0.582
Marital status (alone)	344 (61.3)	26 (20.2)	318 (73.6)	<0.001
Living status (single)	45 (8.3)	11 (8.7)	34 (8.2)	0.861
Diabetic education	432 (77.6)	90 (70.9)	342 (79.5)	0.040
Received nutrition therapy education	239 (42.0)	50 (37.9)	188 (43.0)	0.294
Adhering to diabetic diet	398 (71.2)	84 (65.1)	314 (73.2)	0.075
Exercise ≥150 min/week	228 (49.0)	56 (52.8)	172 (47.9)	0.373
Smoker	92 (16.2)	10 (7.6)	82 (18.8)	0.002
Alcohol drinker	50 (8.8)	5 (3.8)	45 (10.3)	0.020
Clinical visit times per year <12	289 (53.7)	75 (61.5)	214 (51.4)	0.051

Values are presented as number (%), mean±standard deviation, or median (interquartile range). P value: childhood-onset vs. adult-onset.
T1DM, type 1 diabetes mellitus.
[a]Missing data: family history of diabetes, 7 (1.2%); family history of T1DM, 7 (1.2%); family history of T1DM, 7 (1.2%); living status, 26 (4.6%); marital status, 8 (1.4%); diabetic education, 12 (2.1%); adhering to diabetic diet, 10 (1.8%); exercise status, 104 (18.4%); alcohol drinker, 1 (0.2%); smoker, 1 (0.2%); clinical visit times per year, 31 (5.4%).