



Supplementary Fig. 1. Effects of SR restriction and exercise on the mRNA expression in quadriceps. Reverse transcription-polymerase chain reaction results of Parkin. The values are shown as the mean \pm standard error of the mean ($n=6$). Control (CON), normal diet+plain water; EX, exercise; HFHS, high-fat and high-sucrose liquid; SR, sugar-sweetened beverages (SSB) restriction, high-fat+plain water diet. ^a $P<0.05$ vs. HFHS group, ^b $P<0.05$, ^c $P<0.01$ vs. CON group.