

**Supplementary Table 3.** Baselines characteristic of subjects

Characteristic	NI (n=54)	IFG (n=32)	SD (n=21)	DC (n=103)	DMVC (n=43)	DPVD (n=14)	P value
Age, yr	54.22±13.33	41.69±11.70	50.82±9.73	55.78±9.23	53.54±10.30	57.08±8.04	>0.05
Duration of disease, yr				10.01±6.82	8.65±6.68	11.27±6.62 <sup>a</sup>	<0.05
Male sex, %	70.37	78.13	50.00	58.25	51.21	61.70	>0.05
Body mass index, kg/m <sup>2</sup>	22.86±3.21	24.71±4.05 <sup>a</sup>	25.15±2.53 <sup>a</sup>	24.35±2.69 <sup>a</sup>	24.18±2.65 <sup>a</sup>	24.49±2.86 <sup>a</sup>	<0.05
Systolic blood pressure, mm Hg	128.06±8.47	126.75±10.50	135.00±12.99 <sup>a</sup>	131.97±17.70 <sup>a</sup>	128.83±16.89	134.73±18.19	<0.05
Diastolic blood pressure, mm Hg	81.87±7.90	82.47±8.00	89.86±11.77 <sup>a</sup>	80.37±10.06	79.61±11.65	80.57±9.02	<0.05
Laboratory data							
Impaired fasting glucose, mmol/L		6.49±0.23	9.18±2.80 <sup>b</sup>	11.56±4.63 <sup>b</sup>	13.90±5.80	10.40±3.72	<0.01
HbA1c, %				9.37±1.96	10.04±1.96	8.88±1.88 <sup>b</sup>	<0.01

Values are presented as mean ± standard deviation.

NI, normal individual; IFG, impaired fasting glucose; SD, simple diabetes; DC, diabetic complication; DMVC, diabetic microvascular complication; DPVD, diabetic peripheral vascular disease; HbA1c, glycosylated hemoglobin.

<sup>a</sup> $P < 0.05$ , <sup>b</sup> $P < 0.01$ .